



## Healing: How to Move Beyond Pain!

By Katharina a Macher

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A QUICK HELPFUL GUIDE Free Yourself Forever! Starting Right NOW. In this book you will discover how to improve your life by getting rid of any kind of pain that may be holding you down. If you are going through a major breakup or you just experienced a disappointment that shook your belief system or your faith in yourself, you are certainly looking for means of breaking free from grief. You reached the right place! This book is your guide to making your life easier and healthier. You can get rid of your burden if you arm yourself with patience, openness to forgiveness and renewed trust, and a lot of self-love. This book will guide you through a journey towards healing and it will provide you with the tools of change you so much need. In its pages you will find out not only insight about methods of working through your residual feelings or on your mindset, but also several actionable steps that can take you to your desired destination the most concrete way possible....



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