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How to Lose Your Mind in No Time

By Hanaan Rosenthal

Tmi Publishing, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Be prepared! Both inspirational and practical, Hanaan Rosenthal will open your eyes to all your potential, teach you to shed bad habits and limiting beliefs, and immediately get you into action overcoming any so-called obstacles to becoming the best you that you can possibly be. No more excuses. Your life is about to amaze you! Lisabeth Gutierrez, Harvard certified Advanced EFT Practitioner In How to Lose Your Mind in No Time, Hanaan Rosenthal covers a topic that is universal in nature: how to change your life. However, rather than focusing on altering specific aspects of your life, he treats change as an umbrella subject because he believes any change, whether in finance, love, fitness, or health, involves much of the same process. Even if you lead a comfortable life, he maintains change can be deeply rewarding and fulfilling, and says that experience and state of mind are the starting points from which we all move forward in life's journey. Illuminating, spiritual, and deeply inspiring, his book is about awareness, understanding reality, and personal growth. Readers...



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