

Essential Oils Safety: A Handbook of Safe Aromatherapy Techniques for You and Your Family



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Reviews

*It is one of my favorite publications. Indeed, it can be playful, nonetheless an interesting and amazing literature. I discovered this publication from my mom and dad suggested this publication to understand.
(Camryn Williamson)*

ESSENTIAL OILS SAFETY: A HANDBOOK OF SAFE AROMATHERAPY TECHNIQUES FOR YOU AND YOUR FAMILY



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you unknowingly putting your family at risk?***SPECIAL OFFER!!!** LIMITED TIME OFFER 40 OFF (Regular Price \$4.99) Many people turn to aromatherapy as an alternative to modern medicine for general health and well being. Too often, we turn to chemicals that while useful in the short term, have long term repercussions on our bodies. The use of essential oils as a safer alternative is a fantastic way of keeping your family healthy and happy without exposing them unnecessarily to harsh medications, chemicals or products - but it is important not to underestimate these potent gifts of nature. Misuse of essential oils can be at least as dangerous as pharmaceutical or commercial solutions, if not used correctly!In this book we will show you the correct, safe way to make your own collection of aromatherapy treatments and products from scratch, whether for your own use or because you are trying to start your own business. We cover all of the basics that you will require to make sure that you approach your projects safely and effectively, with some fun tips and tricks thrown in for good measure! We cover the techniques, basics and background that you will require to use essential oils in a range of different applications. This resource is perfect whether you are just starting out in your aromatherapy endeavours, or whether you are already making your own products and just need some new ideas.In this book, you will learn the following practical information:The fundamental knowledge that you will require to ensure correct usage and application of essential oils How to effectively avoid the wrong essential oils that may put you or your family in...

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